





# Hunterdon Lentral

Regional High School

Welcome to the Central Family!

#### What we want you know today!

#### Starting Strong

- Building Relationships
- Strengthening your academic habits/skills
- Courses, Grades, Transcripts, & Possibilities

#### Creating your Own Path

- New Chapter to who you want to be
- Outlining your road to graduation
- Focusing on who YOU are!

"The best time to plant a tree was 20 years ago. The next best time is now!"

#### CLASS OF 2028 TEAM

Mr. Schneebeli Vice Principal
Mrs. Cruz - Secretary
Mr. Cubberly - School Counselor
Mrs. Wagener - School Counselor
Mr. Williams - School Counselor
Ms. Heller - Student Assistance Counselor
Mrs. Larsen - School Nurse



## S.A.C

## Student Assistance Lounselor

Ms. Stacy Heller

#### Confidential Counseling & Support

For students and families when social, emotional or mental health issues affect a student's school experience, including those related to

- grief & trauma
- alcohol and drugs,
- depression,
- anxiety,
- family and friend issues, and
- any other stressors or obstacles.

SACs can help students and families find appropriate community resources when required.

#### Who can come see their SAC?

- This service is for EVERYONE. There is no problem too big or too small. Voluntary & Confidential
- Everyone will need someone to talk to over the next 4 years. You are never alone we are here to listen and help.
- Students who want to be their best self and achieve their fullest potential can come and find ways to build on their strengths and develop skills for a lifetime.
- Focus is on Wellness, Balance and Resiliency





# Building Relationships

From your **parents/guardians** to your **peers** to your **teachers** and **house office** building connections will be an critical part of your high school journey.

Self-Advocact

Commitment

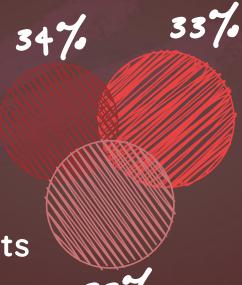
Communication

Respect

## finding success in the Classroom!

### Accountability & Responsibility

Checking email, time management, self-advocacy, organization are all factors only you control



#### **Class Attendance**

Being present in class is critical to understanding content & getting support

#### Classwork/Assignments & Homework

Starting, finishing, and handing in assignments is how you get the results needed to earn the credit

33%

# Find Balance



Challenging yourself versus over doing it!

TRUST the recommendations of your teachers

BALANCE your life – academically, socially, emotionally

We will work together to create a <u>4 year plan</u> to achieve your goals and ensure you have the courses you need for graduation and beyond!



#### Aspen Schedule View

-		
	A - Day A	B - Day B
1-1	510-01 Physical Education 9 & First Aid Dinson, Donovan 160 2.5000	PF620-03 Personal Finance Akromas, Nicole 700 2.5000
2-2	012-05 English 1 Wintermute, Penelope 208 5.0000	313-07 Algebra 1 CP Watt, Katherine 146 5.0000
3-UL	UL	UL
4-3	101-15 United States History 1 Warren, Lindsay 303 5.0000	225-01 Chinese 2 Lo, Shengwen 606 5.0000
5-4	402-11 Environmental & Earth Science CP Couch, Michael 646 5.0000	851-01 Radio Broadcasting 1 Lazovick, Jeffrey WCVH 5.0000
6-5	5	5

#### A/B Block Schedule - Semester 1

Period	Mon (A)	Tue (B)	Wed (A)	Thu (B)	
Block 1	Physical Education 9 & First Aid Dinson, Donovan 160 2.5	Personal Finance Akromas, Nicole 700 2.5	Physical Education 9 & First Aid Dinson, Donovan 160 2.5	Personal Finance Akromas, Nicole 700 2.5	
8			English 1 Wintermute, Penelope 208 5.0	Algebra 1 CP Watt, Katherine 146 5.0	
Unit Lunch				100	
Block 3	United States History 1 Warren, Lindsay 303 5.0	Spanish 1 Aboosamara, Christina 139 5.0	United States History 1 Warren, Lindsay 303 5.0	Spanish 1 Aboosamara, Christina 139 5.0	
Science CP P		The Art of Digital Photography 1 Douglass, Robert 143 2.5	Environmental & Earth Science CP Couch, Michael 646 5.0	The Art of Digital Photography 1 Douglass, Robert 143 2.5	
Block 5	Tutorial		Tutorial	Tutorial	

#### A/B Block Schedule - Semester z

Period	Mon (A)	Tue (B)	Wed (A)	Thu (B)	
Block 1	Health & PE 9 Dinson, Donovan 158B 2.5	Materials and Processes Avallone, Andrew 902 2.5	Health & PE 9 Dinson, Donovan 158B 2.5	Materials and Processes Avallone, Andrew 902 2.5	
English 1 Algebra 1 CP Wintermute, Penelope 208 146 5.0 5.0		Watt, Katherine	English 1 Wintermute, Penelope 208 5.0	Algebra 1 CP Watt, Katherine 146 5.0	
Unit Lunch					
Block 3	United States History 1 Spanish 1 Warren, Lindsay Aboosamara, Christina 303 139 5.0 5.0		United States History 1 Warren, Lindsay 303 5.0	Spanish 1 Aboosamara, Christina 139 5.0	
Block 4	Environmental & Earth Science CP Interior Design		Environmental & Earth Science CP Couch, Michael 646 5.0	Interior Design Veres, Alyssa 901 2.5	
Block 5	Tutorial		Tutorial	Tutorial	

Click Here for More Info

#### ELECTIVES

- Students are directed to select 10 elective credits. Students will also select alternates for each of the elective choices.
- Elective courses are located in the pick list under the corresponding subject area department.
   For example, course #805 Materials & Processes is located in the Tech, Engineering, Design subject area

CourseNumber	CourseDescription	Academic level	Credit	Prequisite	Status	Alternate 1		Alternate 2
PF620	Personal Finance	Non-Weight	2.5			604 Computer Applications	٠	609 TT&OS/Frosh Study
504	Computer Applications	Non-Weight	2.5				٠	
507	Advanced Computer Applications	Non-Weight	2.5				•	
653	Digital Multimedia Design	Non-Weight	2.5				٠	
ET35	Intro to HTML & WebPage Design	Non-Weight	2.5				٠	
ET40	Advanced Web Page Design	Non-Weight	2.5				٠	
609	Tech Tools & Organizational Skills/Freshman Study	Non-Weight	1.25				•	

## GLOBAL ELECTIVES

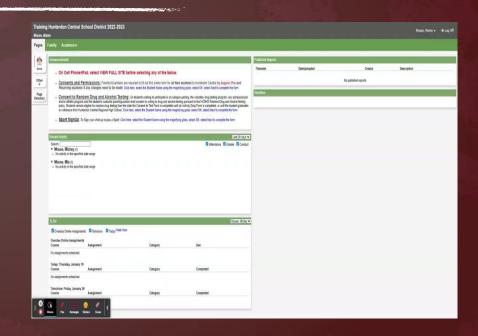
- → You may also select "<u>global</u>" alternates in the Alternate requests grid which is located below the Primary request grid.
- → Global alternates can be used to replace any course, from any subject area, in the event of a scheduling conflict.

#### Alternate requests

	Subject area	SchoolCourse > CrsNo	SchoolCourse > Description	AltPri
A color	Alternates	071	Journalism 1	1
Select	Alternates	710	The Art of Digital Photography 1	2

# Understanding how to Schedule on ASPEN





## Scheduling Window:

Friday, Feb. 9th (8:00 am) - Tuesday, Feb. 13th (11:59 pm)

- ASPEN login will be emailed home. BE SURE TO SAVE THIS INFORMATION You will need it for all four years!
- Scheduling instructions available online.
- Review course recommendations that are already listed
- Enter elective courses directly into ASPEN
- Use exact course numbers
- INCLUDE at least 2 ALTERNATES

## Teacher Recommendations

- CONCERNS about your recommended placement?
   Speak with your teachers, parents, and counselor
- Parents can waive a recommendation but PLEASE THINK CAREFULLY about what is right for you.
- If you waive to move up a level and are struggling, YOU MAY NOT BE ABLE TO MOVE BACK DOWN. Level changes depend on the number of open seats
- If you are recommended for multiple honors courses, you do not have to take all of them. Think about the balance that is right for you.

### Tech Tools/Freshman Study Hall

#### #609 - TECH TOOLS & ORGANIZATIONAL SKILLS/FRESHMAN STUDY - 1.25 CREDITS Grades: 9

This course will help students develop an understanding of their personal learning styles and explore study skills and work habits that work with their learning style. Students will also explore various technology tools that can be used to help organize tasks and manage their workload. Personal organization skills are essential for success in high school, college and careers. In addition to skill development, students will have the opportunity to complete assignments for current courses in a supervised environment.

- Should we register for a study hall?
  - This depends on overall balance of academics and activities, student's study habits, recommendation from teachers.
- What are the codes?
  - Regular study hall in the commons #9901 (Sem 1), #9902 (Sem 2)
  - Freshman tech tools and organization/ study hall #609 (\*Only available during 9th Grade)



#### Focus on your Journey



High school is filled with possibilities, but the choices are yours.

College/Post-Secondary

Testing

ad Requirement check

Junior Year



Sophomore Year

Career Planning

Intro to Scoir

Clubs/Activities

4-Year Planning

Freshman Year

Middle School
Cougars, Wildcats, Tigers & Vikings

## Hukterdon Cektral Magnet Programs

# What are the Hunterdon Central Magnet Programs?

• Specialized curricular programs that empower students to explore a career interest or area of personal interest/passion.

Composed of 3 or more courses - cohesive and sequential.

Embedded opportunities to earn AP credit, dual enrollment credits and/or industry-valued credentials (ex. Revit Software certification -Architecture).

# What Magnet Programs does HC currently offer?

Magnet Program	Initial Course
Architectural Design	830 - Residential Design
Biomedical Sciences	481 - Introduction to the Biomedical Sciences
Computer Science	*All students must take 366 - AP Computer Science Principles; however, they may take any of our introductory computer science courses prior
Robotics	806 - TED: Intro to Technology, Engineering & Design

# What are the Benefits of these Programs?

- Small learning communities.
- More personalized learning experience.
- Increased opportunity for students to connect with industry professionals and post-secondary institutions.
- Capstone experiences.

#### Incoming Freshman Timeline

Freshman Schedule Window Opens

February 9th (8:00am) - 13th (11:59pm)

Middle School Graduation

June 2024

Welcome To Central!!

September 2024



January 2024

High School Counselors Visits April/May 2024

Red Devil Ambassadors Visit August 2024

Freshman Orientation



## Questions? Thank you!



Questions during Scheduling?

Email - <u>scheduling@hcrhs.org</u>

**HCRHS ONLINE SCHEDULING WEBSITE**