

HUNTERDON CENTRAL REGIONAL HIGH SCHOOL

**Healthcare Provider Orders For School/School Diabetes Medical Management Plan**

Student's Name: \_\_\_\_\_ School Year: 20\_\_\_\_ to 20\_\_\_\_ Grade: \_\_\_\_\_

Physical Condition: \_\_\_\_\_ Diabetes Type 1 Student's Usual symptoms of Hypoglycemia \_\_\_\_\_  
\_\_\_\_\_ Diabetes Type 2 Student's Usual symptoms of Hyperglycemia \_\_\_\_\_

**TASK ACTION(S) (Check all that apply/Fill in the blanks)**

**Blood Glucose Testing** \_\_\_\_\_ for signs/symptoms of low blood sugar (report to school nurse)  
Name of Glucose Meter \_\_\_\_\_ for signs/symptoms of high blood sugar (report to school nurse)  
\_\_\_\_\_ every day before lunch  
\_\_\_\_\_ other (specify; i.e. before or after PE, sport, etc.) \_\_\_\_\_  
\_\_\_\_\_ notify parent/guardian immediately for blood sugar < \_\_\_\_\_ mg/dl and /or > \_\_\_\_\_ mg/dl  
\_\_\_\_\_ student will notify parent/guardian of blood glucose results done at school  
\_\_\_\_\_ student may test in classroom and keep daily blood glucose log with them  
\_\_\_\_\_ **OR** student should test in health office, keep daily log in health office  
\_\_\_\_\_ student to have glucose meter at all times-one with student and one in health office  
\_\_\_\_\_ student/parent will supply health office with back-up diabetic supplies (see diabetic supply list)

**Urine Ketone Testing** \_\_\_\_\_ for blood sugar > \_\_\_\_\_ mg/dl  
\_\_\_\_\_ for acute illness, i.e. vomiting, fever, etc.  
\_\_\_\_\_ student must have unlimited access to restroom and drinking fountain/water bottle and should  
\_\_\_\_\_ drink \_\_\_\_\_ oz of fluid every \_\_\_\_\_ min. if ketones are present  
\_\_\_\_\_ notify parent/guardian immediately for \_\_\_\_\_ ketones (NOTE: if parent/guardian cannot be  
reached and the student has \_\_\_\_\_ ketones and is vomiting, contact paramedics for transport  
to E.R.)  
\_\_\_\_\_ notify parent/guardian daily of any ketone results done at school  
\_\_\_\_\_ other (specify) \_\_\_\_\_

**Meal Planning** \_\_\_\_\_ mid-morning snack at \_\_\_\_\_ a.m.  
\_\_\_\_\_ mid-afternoon snack at \_\_\_\_\_ p.m.  
\_\_\_\_\_ other (specify) \_\_\_\_\_  
\_\_\_\_\_ snacks should be taken (specify): \_\_\_\_\_ Classroom \_\_\_\_\_ Nurse's Office Other \_\_\_\_\_  
\_\_\_\_\_ student to carry a snack/glucose tabs at all times  
\_\_\_\_\_ student is independent in calculating carbohydrates and insulin coverage

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**TASK**

**ACTION(S) Check all that apply/Fill in the blanks**

**Activity**

- no restrictions unless ketones are present; see above
- student to disconnect insulin pump during gym and/or sport
- Medical ID must be worn at all times including during gym/sports/etc.
- student may attend field trips with written parental permission if a parent or nurse is unavailable

**Insulin at School**

- student is capable of the proper method of self-administration of Insulin without school nurse supervision
- OR** all Insulin doses must be supervised or administered by the school nurse

**Injections/Pre-lunch**

administer \_\_\_\_\_ Insulin subcutaneously before lunch as follows: Insulin/Carb ratio: \_\_\_\_\_

**OR *insulin sliding scale*:** type of insulin \_\_\_\_\_

Dose \_\_\_\_\_ > \_\_\_\_\_ BS level; Dose \_\_\_\_\_ > \_\_\_\_\_ BS level; Dose \_\_\_\_\_ > \_\_\_\_\_ BS level; Dose \_\_\_\_\_ > \_\_\_\_\_ BS level; Dose \_\_\_\_\_ > \_\_\_\_\_ BS level

if blood sugar > 300 at any other time of the day, please call the office for assistance

**Pumps-Basal/Bolus**

Name of Insulin Pump \_\_\_\_\_

student has an Insulin infusion pump with \_\_\_\_\_ Insulin and shall be permitted to wear and attend to the pump as needed during school and school sponsored activities

Basal rate during school hours \_\_\_\_\_

Bolus Rates: Meal Bolus (Insulin/Carb ratio): \_\_\_\_\_

Correction Bolus: \_\_\_\_\_

other (specify) \_\_\_\_\_

**Hypoglycemia/Glucagon**

treat all blood sugar < \_\_\_\_\_ mg/dl with \_\_\_\_\_ grams of rapid-acting carbohydrate followed by meal/snack

for severe hypoglycemia (or suspected severe hypoglycemia) when the student is unconscious or unable to swallow, give \_\_\_\_\_ mg Glucagon I.M. or S.Q. AND contact parent/guardian and paramedics immediately

student requires a Glucagon delegate, School nurse may train volunteer in administration of Glucagon (no school employee, including school nurse, bus driver, bus aide, or any other agent of a board of education, shall be held liable for any good faith act or omission with provision of N.J.S.A 18A:40-12-11-21)

**Other**

the student is capable of and has been instructed in the self-management and self-care of their diabetes

the student has been instructed in proper hand washing and preparation of injection sites

the student has been instructed in proper needle disposal and preventing blood exposure to others

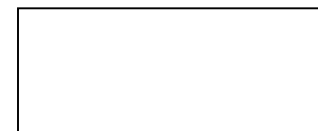
List oral diabetic medications (if any) \_\_\_\_\_

School Nurse has permission to speak with the prescribing physician regarding the information Listed above

Healthcare provider's Name (Please Print): \_\_\_\_\_ Doctor's Stamp:

Healthcare provider's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Telephone Number: \_\_\_\_\_



Parent Signature: \_\_\_\_\_ Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

HUNTERDON CENTRAL REGIONAL HIGH SCHOOL  
Health Office  
Hunterdon Central Regional High School  
84 Route 31  
Flemington, NJ 08822  
Phone: 908-284-7304/7143/7140/7235 Fax: 908-284-7311/7312

Authorization for Medication  
ONLY ONE MEDICATION PER FORM

State law requires a signed prescription by a physician that includes the information below OR completion of the form below. If a prescription is faxed, the original must be forwarded to the Health Office.

Name \_\_\_\_\_ Grade \_\_\_\_\_ Date \_\_\_\_\_

Diagnosis \_\_ Diabetes – Type 1 \_\_\_\_\_ Allergies \_\_\_\_\_

Medication \_GLUCAGON EMERGENCY KIT \_\_\_\_\_

Dosage \_1 mg\_ Time(s)\_ PRN for BS <  & unable to take PO glucose \_\_ Route \_\_ I.M.

Possible Side Effects \_\_nausea, vomiting, hypersensitivity, bronchospasm \_\_\_\_\_

Termination date \_end of each school year\_\_ (Note: State law requires that medication be renewed each school year).

Student is free of contagious disease and physically fit to attend school.  
The student would not be able to attend school unless the medication is given during school hours.

\_\_\_\_\_  
Physician's Signature Printed Name of Physician Date

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Parent/ Guardian Consent for Giving Medication During School

I request and give my consent for the School Nurse to dispense the medication prescribed by the physician on this form.

A prescription medication must be delivered to the School Nurse in the original pharmacy container labeled with the student's name, date of prescription, name of medication, dosage and the prescribing physician's name. If the medication is an over the counter medicine, it must be in the original box.

I give permission for the information on this form to be shared with the appropriate staff members, coaches, and chaperones, etc for the safety and welfare of my child.

I give permission for the school nurse to train a glucagon delegate for my child in the event that the school nurse is not physically present at the scene. I understand that no school employee, including a school nurse, bus driver, bus aide, or any other officer or agent of a board of education, shall be held liable for any good faith act or omission consistent with the provisions of N.J.S.A. 18A:40-12-11-21.

I give permission for the school nurse to speak with the prescribing physician regarding the medication listed above, if necessary.

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

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Name \_\_\_\_\_ Grade \_\_\_\_\_ Date \_\_\_\_\_

Diagnosis Diabetes Type 1 – Pump Failure Allergies \_\_\_\_\_

Medication \_\_\_\_\_ Insulin \_\_\_\_\_

Dosage \_\_\_\_\_ Time(s) \_\_\_\_\_ Route \_\_\_\_\_

Possible Side Effects hypoglycemia; pruritis; rash; dry mouth; blurred vision \_\_\_\_\_

Termination date \_\_\_\_\_ (Note: State law requires that medication be renewed each school year).

Student is free of contagious disease and physically fit to attend school.  
The student would not be able to attend school unless the medication is given during school hours.

\_\_\_\_\_  
Physician's Signature Printed Name of Physician Date

Parent/ Guardian Consent for Giving Medication During School

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I give permission for the information on this form to be shared with the appropriate staff members, coaches, and chaperones for the safety and welfare of my child.

I give permission for the school nurse to speak with the prescribing physician regarding the medication listed above, if necessary.

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

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**DIABETES SUPPLIES**

Parents are responsible for providing all diabetic supplies. The following is a list of typical supplies:

**INSULIN SUPPLIES**

Insulin

Insulin syringes OR

Insulin pen with cartridge loaded

Insulin pen needles OR

Insulin pump supplies

Alcohol wipes

**BLOOD GLUCOSE TESTING SUPPLIES**

Blood glucose meter and manufacturer's instructions

Test strips (with code information)

Lancet device

Lancets

Logbook to record blood sugar and amounts of insulin (student to carry if approved by MD)

**FOOD SUPPLIES**

Snack foods

Low blood sugar (hypoglycemia supplies: glucose tablets, juice and carbohydrate/protein snack)

Water

**OTHER**

Urine ketone strips

Glucagon kit

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**Contact Information**

**Student's Name:** \_\_\_\_\_ **Gender:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_ **Date of Diabetes Diagnosis** \_\_\_\_\_

**Grade:** \_\_\_\_\_

**Mother/Guardian:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Telephone home:** \_\_\_\_\_ **work:** \_\_\_\_\_ **cell:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Father/Guardian:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Telephone home:** \_\_\_\_\_ **work:** \_\_\_\_\_ **cell:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Student's Physician/Health care provider:**

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Telephone:** \_\_\_\_\_ **Emergency Number:** \_\_\_\_\_

**Other Emergency Contacts:**

**Name:** \_\_\_\_\_ **Relationship:** \_\_\_\_\_ **Telephone:** \_\_\_\_\_

**Name:** \_\_\_\_\_ **Relationship:** \_\_\_\_\_ **Telephone:** \_\_\_\_\_

**Name:** \_\_\_\_\_ **Relationship:** \_\_\_\_\_ **Telephone:** \_\_\_\_\_

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DIABETES MEDICAL MANAGEMENT UPDATE

Date:

Dear Parent or Guardian,

In 2009 the New Jersey Legislature amended N.J.S.A 18A:40-12 adding provisions to enhance the medical management of students with Diabetes in the school. This amendment requires additional information to be provided to the school to care for your child.

Please have your physician complete the following information on the attached forms to supplement the diabetic management plan that we have in place for your child. The forms for the physician include the Healthcare Provider Orders for School, Glucagon Emergency Medication, and if appropriate the Diabetes Type 1 Pump Failure form.

In addition please review, update, and sign the enclosed care plan and Quick Reference Emergency Plan. Please indicate which symptoms your child usually experiences in episodes of hyperglycemia and hypoglycemia. Return all forms to the appropriate health office.

Please note that state law requires that medication be renewed each year. If you have any questions, please contact the appropriate health office.

9/10 health office 284-7140, 284-7304      Fax 284-7311  
11/12 health office 284-7143, 284-7235      Fax 284-7312

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School Nurse:

Jennifer Amato RN, BSN, MSN, CSN

Christine Grand RN

Janet Jeans RN, BSN, MS, CSN

Cathy Stenger RN, BSN, CSN